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TEN LITTLE PEOPLE

AND THEIR TEETH



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Here are ten little boys and girls. They are two years old. They are having a birthday party.



When they have had the cake, they have a drink. Five of them are wise. They drink milk because it is good for their teeth. Five of them are foolish. They drink soft drinks because they do not know it is bad for their teeth.



Five of them brush their teeth after every meal, because it helps keep their teeth healthy. They are the wise children.



Five children are too lazy to brush their teeth. They are foolish, because dirty teeth decay faster than clean ones.



Five children go to the dentist twice a year. They go often so the dentist can keep their teeth in good condition. How wise they are!



The other five children make an awful fuss about going to the dentist. Some day they will have toothache, and then the dentist will have a lot of work to do, and they may even have to have some of their teeth out. How foolish they are!



When they are old enough, these ten children go to school.



Five of the children take apples for recess. Apples are good for teeth.



But the foolish children eat candy at recess. This makes their teeth decay faster.



When the school dentist comes, he looks at the teeth of all the children. The five wise children have good teeth. He checks them on the blackboard.



But the five toolish children all have bad teeth, with lots of holes in them. The dentist puts X's on the blackboard.



So the dentist told the five foolish children why their teeth were so bad. And he told them how to keep them healthy from now on.



The dentist said: "Always choose fruit instead of candy."



"Always drink milk instead of soft drinks."



"Always brush your teeth right away after your meals."



"Always go to the dentist twice a year."



So they did what the dentist told them and now there are no more foolish children. All ten children are wise.

ARE YOU WISE OR FOOLISH?

TEN LITTLE PEOPLE AND THEIR TEETH

This booklet is illustrated with the pictures which form part of a filmstrip carrying the same title. The strip has reading script, but no captions, and is designed for use in schools among the lowest grades — one to three. It is in color, and copies of the filmstrip and the script can be obtained through the National Film Board at \$4.00 a print.

*Produced for
Dental Health Division
by Information Services Division
Department of National Health and Welfare
by authority of the Minister
Honourable J. Waldo Monteith
Reprinted 1959, 1961*

ROGER DUHAMEL, F.R.S.C.
QUEEN'S PRINTER AND CONTROLLER OF STATIONERY
OTTAWA, 1962

Cat. No. H55-562